



Psychosocial disability is not something that will be resolved with a medical response therefore we believe that it is not the person that needs to change but our whole community and access to the opportunities it provides.

LIVE DIFFERENT THINK DIFFERENT BE DIFFERENT

mind-life™



People thrive when they can realise their full citizenship within their natural community.

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**Psychosocial
disability is one
construction of
human distress,
not necessarily
permanent
nor a truth.**

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**Psychosocial
disability is not a
symptom of
mental illness,
it is a negative side
effect of lost
opportunities.**

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mindset

**Psychosocial
disability is not a
symptom of
mental illness
but a symptom of
unmet need.**

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mindset

**We cannot
empower or
motivate others,
but we can easily
disempower or
demotivate others
in the way we
offer help.**

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mindset

Helpers can help.

**And helpers can harm
or get in the way.**

**We all have to be ever
mindful about this.**

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mindset

**People add
value based on
their actions
not their role
or title.**

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mindset

**Being able to live,
work, love and play
in our own
community,
not within services,
is a basic human right.**

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mindset

**Maintaining our
'Personal Sovereignty'
is a basic human right.**

**Psychosocial disability
is primarily caused
by loss of
'Personal Sovereignty'.**

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mindset

**People's right to
self-determination
should never be removed
or denied.**

**For people who
experience mental
distress this right must
be intentionally protected**

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mindset

**People have
an innate
ability to
overcome
adversity.**

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 **mindset**

**People know
what's best for
them and are the
only ones that
can truly
determine this.**

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 **mindset**

**All people are
initiating beings.**

**Every action is
an attempt to
meet a need.**

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**People are creative
and resourceful
problem solvers.**

**This ability can become
atrophied when too
many or inappropriate
support gets in the way.**

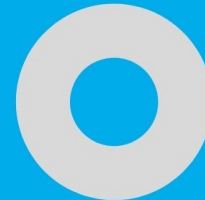
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mindset categories



On Community



On Psychosocial Disability



On the role of Others



On Human Rights



On Personal Capacity